1st Responder Healthcare Health & Wellness



Our mission of 1st Responder Healthcare is to provide the most comprehensive healthcare for 1st responders. We see 1st responders as occupational athletes. Just like any major athletic team, they are expected to be in top physical shape, a short down time for injuries or medical issues, and must receive the best care imaginable.

Although we specialize in health and wellness for 1st Responders, all of our services are available to everyone in the Boulder/Jefferson County area and beyond. Stop by and see what we are all about.

Our number one priority is providing first responder agencies with:

New Hire Evaluations -Meets and exceeds NFPA Standard 1582
Annual Physicals-Meets and exceeds WFI 4th Edition
Overall Fitness Assessment
Cancer Screenings
Low Testosterone
Hormone Therapy
Weight Loss Programs
Physical Therapy
Massage
Supplements

IV Treatments

Our science-backed therapies and formulations are engineered to address a variety of health conditions such as dehydration, weight management, low libido, hangovers, low energy, jet lag, migraines, nausea, and other ailments

Pricing information:

To learn more about 1st Responder Healthcare pricing visit the website at https://1stresponderhc.com/ or call to get a consultation.

Scheduling information:

To schedule please contact - Carley Ottersburg @720-409-2887 or email cotterburg@1stresponderhc.com

Follow them on instagram @1stresponderhc.