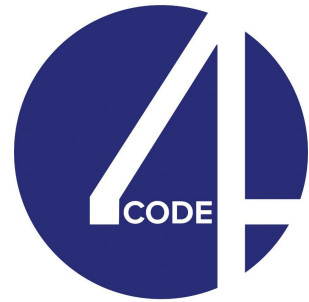


Revital Resources

Code 4 Counseling Counseling



The team at Code-4 Counseling is here to help you and your loved ones. Their licensed professional staff specialize in working with emergency responders and front-line healthcare providers on post-critical incident trauma, relationship and communication issues, managing stress, identifying healthy coping skills, job burnout and even retirement planning. Code-4 provides a positive therapeutic experience that leaves you feeling hopeful with a renewed energy for you and those who matter most.

Code-4 Counseling was founded by husband and wife team Dr. Sara and Chief Nick Metz. Together they have over 40 years of combined experience and expertise serving both small and large law enforcement agencies, first responders and health care organizations across the county.

Pricing information: Self-Pay only

Scheduling information:

To schedule please reach out directly by calling the office at 303-517-1516 or send a message through their website <https://code4counseling.com/#contact-blk>.

Please see the link below to see how Code 4 is helping first responders.

[▶ Lead The Conversation: Honoring the Hidden Scars](#)

To learn more about the organization you can also visit the website at <https://code4counseling.com/> or visit them on facebook at Code-4 Counseling, LLC.
